

Ingredient Spotlight

Dumplings

A Lunar New Year Celebration



WHAT IS THE HISTORY?

- With a history of more than 1,800 years, dumplings are traditionally eaten to celebrate Lunar New Year
- The shape of the dumpling is meant to reflect a Chinese silver ingot, an ancient Chinese coin made of precious metals

WHAT IS THE SIGNIFICANCE?

- Eating dumplings on New Year's Eve will bring wealth and prosperity in the coming year
- Zhāo cái jìn bao: 'Bring in wealth and treasure'

